Imperial County			
Name	**Phone Number and Address**	**Website**	**Service**
American Cancer Society: Empowered to Quit	800-227-2345 400 S 8Th St El Centro, CA 92243	https://www.cancer.org/cancer/risk-prevention/tobacco/empowered-to-quit.html	Email-based program to help smokers quit.
American Lung Association: Lung Helpline and Tobacco Quitline	1-800-586-4872 press 2	https://www.lung.org/help-support/lung-helpline-and-tobacco-quitline	Helpline and messaging service that provides services in quitting smoking in all its forms, connects with support groups and local resources, and more.
American Nonsmokers' Rights Foundation	Online	Help me to quit smoking - American Nonsmokers' Rights Foundation | no-smoke.org	Education and cessation resources
Asian Smokers' Quitline	Cantonese/ Mandarin: 1-800-838-8927 Korean: 1-800-556-5564 Vietnamese: 1-800-778-8440	https://www.asiansmokersquitline.org/	Offers telephone counseling, self-help free materials, nicotine patches, and online help for Asian individuals.

Aten Dental Group	760-355-4444 508 W Aten Rd, Imperial, CA 92251	N/A	Oral hygiene care education and services.
Centers for Disease Control and Prevention	1-800-QUIT-NOW (1-800-784-8669) 1-855-DÉJELO-YA (1-855-335-3569) (Español)	How to Quit Smoking | Quit Smoking | Tips From Former Smokers | CDC	Offers cessation services such as, online chatting, text messaging, phone calls, and smartphone application. Offers direct cessation resources and services to numerous organizations through their website.
Coalition for a Tobacco-Free Imperial County	442-265-1476 935 Broadway St. El Centro, CA 92243	https://www.tobaccofreeic.com/	Offers information, referrals for assistance, and self-help materials.
EX	Online	https://www.becomeanex.org/	Offers a web-based community along with cessation services such as, online chatting with a coach and support tools.
U.S Food and Drug Administration	Online	Want to Quit Smoking? FDA-Approved and FDA-Cleared Cessation Products Can Help | FDA	Educational resources about Nicotine Replacement Therapy (NRT)
Imperial County Behavioral Health	Mon-Fri 8 am-5pm: 442-265-1525	Substance Use Disorder Services | Behavioral Health Services	Offers early intervention services, outpatient

	24 Hour: 1-800-817-5292 202 N. 8th Street, El Centro, CA 92243		treatment services, intensive outpatient treatment services, recovery services, care coordination, and clinician consultation.
Imperial County Behavioral Health: Smoke Free Learning Center	Mon-Fri 8 am-5pm: 442- 265-1525 24 Hour: 1-800-817-5292 202 N. 8th Street, El Centro, CA 92243	https://mentalhealth.networkofcare.org/imperial/HealthLibrary/LearningCenters/smokefree	Offers referrals and self-help materials.
Imperial Valley Dental Practice	760-353-7670 1503 N. Imperial Ave Suite 204 El Centro, CA 92243	https://www.myivdental.com/home	Offers oral health care education, services, and oral cancer screenings.
Imperial Valley Family Care Medical Group	Multiple locations across Imperial County 760-355-7730	Imperial Valley Family Care Medical Group	Offers individualized behavioral health treatment plans tailored to each person's unique needs
Jackson House El Centro	2364 South 2nd St El Centro, CA 92243 760-332-1468	Mental Health Services in El Centro, CA - Jackson House	Offers various behavioral health and substance abuse hope programs through residential treatment, partial hospitalization, intensive outpatient treatment, and supportive housing

KICK IT California	English: 1-800-300-8086 Spanish: 1-800-600-8191	https://www.kickitca.org/	Offers personal quit plans, app support texting, and counseling with cessation professionals.
My Quit	N/A	https://www.quit.com/join-myquit.html	Email support program based on where a smoker is in their quit journey. Offers ongoing guidance, tips and inspiration, and information
National Cancer Institute: Live Help	Online	https://livehelp.cancer.gov/app/chat/chat_launch	24/7 live chat providing support for quitting.
Nicotine Anonymous	1-877-879-6422	https://www.nicotine-anonymous.org/	Offers group support and recovery treatment.
PAVE	Online	https://www.parentsagainstvaping.org/	Provides quitting resources, information, and tools.

Quit Assist	Online	https://www.quitassist.com/	Offers cessation resources, such as quit lines and mobile apps.
Rite Track	2299 W Adams Ave #102, El Centro, CA 92243 760-337-5565	Mentoring & Tracking Program - Rite Track Youth Services	Offers substance abuse monitoring for at risk youth in Imperial County. Has a variety of cost-effective support programs such as mentor support, family interventions, academic support, and more.
Smokefree Teen	N/A	https://teen.smokefree.gov/	Provides cessation resources for teenagers, such as web-based counseling and support tools and information.
Smokefree Women	N/A	https://women.smokefree.gov/	Provides cessation resources for women, such as web-based counseling and support tools and information. Pregnant and postpartum services are available as well.

Smokefree VET	N/A	https://veterans.smokefree.gov/	Provides cessation resources for veterans, such as web-based counseling and support tools and information.